

Cross-jurisdictional telepsychology services

College of Psychologists of New Brunswick Collège des psychologues du Nouveau-Brunswick

CPNB maintains jurisdiction and oversight over all psychologists and candidates registered with the College, regardless of where (i.e., physical location) or how (i.e., in-person or via telepsychology) they practise as a psychologist.

In the context of **telepsychology**, CPNB interprets "practice" as occurring in the jurisdiction where the psychologist is registered. Accordingly, psychologists registered and licensed to practice by a regulatory authority elsewhere in Canada may deliver **telepsychology** services to clients in New Brunswick without having to obtain registration with CPNB. For clarity, when providing **in-person** psychology services in New Brunswick, psychologists registered and licensed win other jurisdictions must first obtain registration with CPNB.

Psychologists providing telepsychology services to New Brunswick clients must comply with the registration and licensing requirements and the professional standards and ethical principles of the jurisdiction in which they are registered and licensed.

Practising telepsychology, particularly cross-jurisdictionally, may affect a psychologist's professional liability insurance. Accordingly, a psychologist intending to provide cross-jurisdictional telepsychology services must ensure their insurance covers such services.

If a CPNB registrant intends to provide telepsychology services to a client in another jurisdiction, the registrant should first contact the regulatory authority of the jurisdiction to determine what applicable requirements may be in place.

If CPNB receives a complaint regarding telepsychology services provided to a client in another jurisdiction by a psychologist registered both in New Brunswick and in the other jurisdiction, CPNB may forward the complaint to the regulatory authority in the other jurisdiction. This option is included to avoid complications of having two regulatory bodies investigate a matter and lead to potentially differing outcomes, and to allow cooperation with those boards in regard in matters of this kind.

Psychologists registered outside of a Canadian province or territory are expected to refer to CPNB's Courtesy Registration Process. More information for those registered outside of a Canadian jurisdiction is available from the following URL: <u>Temporary Registration to Psychologists from Other Jurisdictions | College of Psychologists of New Brunswick (cpnb.ca)</u>.

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CPNB has developed the below FAQ in relation to Cross-jurisdictional telepsychology services. We will be expanding this FAQ as required.

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Does this mean that psychologists registered with CPNB no longer need to obtain permission from the province/jurisdiction in which the client is located in order to provide telepsychology services?

No. If a CPNB registrant intends to provide telepsychology services to a client in another jurisdiction, the registrant should still first contact the regulatory authority of the jurisdiction to determine what applicable requirements may be in place.

What happens if CPNB receives a complaint from another jurisdiction about a psychologist registered with CPNB providing unauthorized services in their jurisdiction?

CPNB expects that registrants will investigate and respect the requirements of other jurisdictions when providing telepsychology or in-person services in other jurisdictions. In the event that such a complaint (e.g., regarding unprofessional conduct, which might include not following requirements in the jurisdiction) are received, CPNB would be obliged to investigate the matter like any other complaint. It should be noted that another jurisdiction would likely have clauses in their legislation allowing them to take action against an individual who they deem to be engaging (or to have engaged) in unauthorized practice within their jurisdiction.

If I am a psychologist registered in the US, can I use the same process?

No. Psychologists registered in a jurisdiction outside of a Canadian province or territory are expected to utilized CPNB's Courtesy Registration Process. More information for those registered outside of a Canadian jurisdiction is available from the following URL: <u>Temporary Registration to Psychologists from Other Jurisdictions | College of Psychologists of New Brunswick (cpnb.ca)</u>.

Are there other resources that psychologists should refer to?

We recommend that psychologists refer to the Telepsychology Standards. You can click on the following link to access the Standards: <u>Model-Standards-for-Telepsychology-Service.pdf</u> (cpnb.ca).

Please also refer to the ACPRO Telepsychology Model Standards on the following link: <u>ACPRO-Model-Standards-for-Telepsychology-Service-Delivery.pdf</u> (acpro-aocrp.ca).

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