FORM A
Continuing Education Activities Log

Name: _____

Licence Number: _____

Dates covered by this report: _____

Area of Practice: _____

Activity type *	Name of activity, workshop or conference	Date	Credit Hours **

***Activity types**

- **A-** **Self-study:** maximum 10 credited hours per year, includes reading academic journals or other professional publications, non-CPA/APA online courses, and preparation for given workshops.
- **B-** **Direct participation:** up to 20 credited hours per year, includes conferences or workshops offering CE credits (including CPA/APA online courses), or other learning events which are typically planned in advance, whose speakers have professionally relevant credentials, where printed documentation is provided and often a registration fee is charged. Formal intra-disciplinary consultation, discussion or supervision may be included.
- **C-** **Support to the profession:** maximum 10 credit hours per year, includes participation in any of the formally established CPNB committees as well as other professional association committees (e.g. CPA). Formal supervision of colleagues or interim members may be included.

** **Credit Hours**

Some formal workshops offer certificates that state the number of Credit hours. A credit hour may not match the exact number of hours spent at the workshop. Please report the credit hour number on your certificate. Excess credit hours earned during the year may be carried over to the next year. When reporting activities for which you do not have an official CE certificate, 1 hour of attendance = 1 hour of CE credit.