



College of Psychologists
of New Brunswick

39TH ANNUAL CONFERENCE, CPNB

MAY 4TH & 5TH, 2018, FOUR POINTS BY SHERATON
MONCTON, NEW BRUNSWICK

Dr. Mary Ann Campbell, President-Elect and Chair of the Annual Conference Committee is pleased to invite you to the 39th Annual conference of the CPNB and is proud to present its program. The AGM will take place on Friday evening. It is an event not to be missed!

PROGRAM

Friday, May 4th, 2018 – 5:45 pm: Welcoming

6:00 pm – 9:00 pm: 39th Annual General Meeting

9:00 pm – Social meeting for CPNB members

Saturday, May 5th, 2018 – 8:30 am: Welcoming

9:00 am – 10:00 am – Conversation Session on Professional Corporation: An accountant will be on hand to present on the topic of Professional Corporations and answer any questions you may have.

10:00 am – 11:00 am – Conversation Session on Jurisprudence: A lawyer that works with psychologists through BMS Insurance will present on jurisprudence.

11:00 am – 12:00 pm – Conversation Session with Integrity Commissioner: The new Integrity Commissioner of NB will introduce himself and present on privacy laws in NB.

1:00 pm to 4:00 pm: Workshop - *Making heads or tails of concussion symptoms: Psychological factors that impact recovery and interventions for the general practitioner* – There is an increasing awareness of concussion and its potential consequences due to increased research, media coverage, and online information. As a result, psychologists in various settings (e.g., mental health, primary care, schools, hospitals) are seeing an increased number of clients of all ages who present with cognitive (e.g., memory, concentration), emotional (e.g., anxiety, irritability), and behavioral (e.g., avoidance, impulsivity) changes associated with concussion. A growing body of research indicates that psychological factors (e.g., mood, personality, somatization) can serve to maintain or exacerbate concussion symptoms, thereby increasing recovery times beyond normal patterns. Accordingly, knowing how to treat clients who present with concussion either as their primary concern or concurrently with other mental health issues is becoming increasingly important. This session will aim to assist psychologists with a generalist focus in working with clients who have a history of concussion symptoms and how this may impact their current clinical presentations. The first objective for this session will be understanding the basics of concussion symptoms and normal patterns of recovery. Second, current research on the risk factors and psychological variables that impact prolonged recovery will be reviewed. A third objective will be on assisting psychologists in various settings apply best practice guidelines for concussion treatment (e.g., gradual resumption of activities and social roles). Finally, suggestions on a) when to refer for neuropsychological assessment and b) how to accommodate psychological interventions for those with cognitive complaints will be addressed.



Dr. JoAnne Savoie is a licensed Clinical Psychologist at the Stan Cassidy Center for Rehabilitation. She completed her doctoral studies in Clinical Psychology at the University of Ottawa in 1999, followed by a two-year post-doctoral fellowship in Clinical Neuropsychology at McLean Hospital and Harvard University in Massachusetts in 2001. She returned to Canada in 2005 and began work at the Stan

Cassidy Center for Rehabilitation. At the Stan Cassidy, she provides neuropsychological services to individuals with various neurological illnesses and injuries, including stroke, brain injury and neurodegenerative illnesses. Her work also includes program evaluation and supervision of interns in the Horizon Health Clinical Psychology Internship Program. In addition to her clinical work, Dr. Savoie is a clinical associate at the University of New Brunswick where she supervises practicum students and teaches Neuropsychological Assessment in the clinical doctoral program. Dr. Savoie also sits on the Accreditation Panel of the Canadian Psychological Association that oversees training standards in the professional psychology community.